May 2020,

Dear Parents and Guardians of MSAD#1 Middle and High School Athletes,

During these unprecedented times, all of our activities have been curtailed in order to “flatten the curve” of the Covid-19 illness. Hopefully, our social distancing response will be something to not only accomplish this, but will also help to keep our community healthy.

However, I do anticipate a time when we all are able to return to normal, and when social distancing is no longer required. In this regard, the Covid-19 illness has required MSAD#1 to think “outside the box” as we consider clearance for participation in MSAD#1’s Interscholastic Sports Program.

MSAD #1 will extend sports physicals which are due in anytime in 2020 until March of 2021. Thus all MSAD#1 athletes who are due for a physical in 2020 will be eligible to play through the 2020-2021 Fall and Winter Sports Seasons using their 2018 Sports Physical. This applies to those currently in grades 6-12 and those students who currently have a Sports Physical on file in MSAD#1’s Health Services Office.

For all MSAD#1 athletes in current grade levels 5-11, I ask that you call your child’s health care provider and request the following information:

- If your athlete has a yearly physical, please call their health care provider and ask that they fax a copy of your athlete’s last physical directly to the Health Services Office at 768-3085.

- If your child does not have an annual physical, or is due for an appointment, please call to schedule this for late summer 2020.

Grade 5 students, as first time MSAD#1 Interscholastic Athletes, will be required to present a copy of their latest physical, performed by their health care provider, as described above.

Those students with health issues such as a recent surgery or a recent injury, or newly discovered health concerns (for example, diabetes, heart or lung problems) will need a note from their surgeon or health care provider stating that the student is cleared to participate in MSAD#1’s Interscholastic Sports Program.

The following items remain the same:

- A current B & C form, required yearly, will still need to be completed by all of our students’ parents.

- Parents will be responsible to provide insurance in order for their student to participate in MSAD#1’s Interscholastic Sports Program.

- If there are any questions, or any way in which MSAD#1 is able to help your child participate in the sports program, please let us know.

Stay well,

Deb Raymond, RN BSN
Health Services Director